BLACK MENTAL WELLNESS, CORP.

THE MECCA OF BLACK WELLNESS
Black Mental Wellness was founded by Black licensed clinical psychologists who are passionate about addressing mental health and wellness concerns in the Black community.
MISSION

• To provide information and resources about mental health and behavioral health topics from a Black perspective

• To highlight and increase the diversity of mental health professionals

• To increase training opportunities for students (undergraduate and graduate students) with interests in mental health/behavioral health

• To decrease the mental health stigma in the Black community
THE TEAM
NICOLE L. CAMMACK, PH.D.
PRESIDENT & CEO

- Licensed Clinical Psychologist
- B.S. in Psychology from Howard University, master’s and Ph.D. in Clinical Psychology from The George Washington University
- Postdoctoral fellowship with the National Center for School Mental Health at the University of Maryland School of Medicine
- Currently, a Program Director of a Primary Care-Mental Health Integration clinic, where she provides mental health services to veterans in a co-located primary care setting
DANIELLE R. BUSBY, PH.D.
VICE-PRESIDENT, PROFESSIONAL RELATIONS & LIAISON

• Licensed Clinical Psychologist

• B.A. in Psychology from the University of Michigan, master’s and Ph.D. in Clinical Psychology from The George Washington University

• Postdoctoral fellowship with University of Michigan Medicine in the Department of Psychiatry

• Currently, an Assistant Professor at Baylor College of Medicine/Texas Children’s Hospital in Houston, Texas
DANA L. CUNNINGHAM, PH.D.
VICE-PRESIDENT, COMMUNITY OUTREACH & ENGAGEMENT

• Licensed Clinical Psychologist

• B.A. in Psychology from Spelman College, master’s and Ph.D. in Clinical Psychology from Southern Illinois University at Carbondale

• Postdoctoral fellowship with the National Center for School Mental Health at the University of Maryland School of Medicine

• Currently, a Program Director of the Prince George’s School Mental Health Initiative, through the National Center for School Mental Health at the University of Maryland School of Medicine.
• Licensed Clinical Psychologist

• B.S. in Psychology from Howard University, master’s from Columbia University, and Ph.D. in Clinical Psychology from The George Washington University

• Postdoctoral fellowship at Emory University School of Medicine

• Currently, Clinical Director for one of Georgia’s higher security male prisons and Founder of Community Impact: Consultation & Psychological Services
We are passionate about addressing mental health and wellness concerns specific to the Black community, and our team has a diverse range of education and specialized training to meet this task.
Our website, www.BlackMentalWellness.com includes free mental health and wellness resources

Resources Include:
- Mental Health Disorders Fact Sheets
- Mental Health and Wellness Resources
- Trainings and Research Opportunities
- Spotlights of Mental Health and Wellness Experts
- Quarterly Mental Health Newsletter
WE AIM TO INCREASE DIVERSITY IN MENTAL HEALTH BY:

National Training Program

- Connect undergraduate students, graduate students, and early career professionals with a mental health expert on our team for an extensive training experience. The program is currently expanding to include even more mentors with a range of expertise and specializations
- Mentee Program (academic school year), Internship (summer and year long)
- Monthly didactics, individual and group mentoring meetings, personal and professional development opportunities, program development, etc.

Community Ambassadors

- Help to establish community partnerships in various communities and populations (e.g., college students) throughout the United States
- Promote Black mental health and wellness and collaborate with Black Mental Wellness to host community events

Spotlight

- We use our platforms to feature the work and expertise of a range of mental health and wellness experts and community advocates in the mental health field: [www.BlackMentalWellness.com/blog](http://www.BlackMentalWellness.com/blog)
SERVICES

- Corporate webinars and trainings
- Culturally inclusive trainings
- Workshops
- Retreat (facilitation and content development)
- Curriculum development
- Consultation services

We are available to provide a range of services and collaborative experiences. Please contact us for more information: info@BlackMentalWellness.com
BLACK MENTAL WELLNESS VIRTUAL CONFERENCE

From Surviving to Thriving

NOVEMBER 7, 2020 | 12PM - 5PM (EST)
Mainstage*
The Main Stage of the Black Mental Wellness Virtual Conference will feature key discussions with leading experts including: **Homecoming:** From Surviving to Thriving, **Higher Learning:** Supporting College Student Health, **Love Jones:** Relationships in the Black Community, **For Colored Girls:** Addressing Maternal Health, and **Black is King:** Thriving in the Black Community.

Sessions
The sessions throughout the conference provide a space for intimate panel discussions. Participants will have opportunities to engage throughout the sessions through the chat feature, and during the question and answer sections.
Black Parade

Our vendors will include a range of small Black businesses. Attendees will have the opportunity to shop and engage with business owners.

Networking

Attendees will get a chance to network with other attendees, panelists, business owners, and more in the networking room.
We launched the Authentically Me T-Shirt Collection to share our authentic experiences with mental health and wellness with our audience and to encourage others to do the same.

Shop the Collection
4 Female Psychologists Create Mental Health Company: 'Break Down Stigma'
COLLABORATIONS AND FEATURES
FEATURED ARTICLES AND PODCASTS

CLEANING UP THE MENTAL MESS: DR. CAROLINE LEAF
Healing Racial and Generational Trauma + How to Support Black Mental Health with Dr. Nicole Cammack and Dr. Danielle Busby

DISSECT & CONNECT, A SERVICE OF MONTGOMERY COUNTY PREVENTION PARTNERS
A conversation with Dr. Dana Cunningham about current events, social unrest, health disparities, and the importance of culturally competent care

FITBEADS TRUTH BOOTH SESSION: ERASING THE NEGATIVE STIGMA OF MENTAL HEALTH IN BLACK COMMUNITIES
Erasing the negative stigma of mental health in Black communities with Dr. Jessica Henry

HUFF POST
One Way to be an Ally Right Now? Support Black Mental Health

PARENTS.COM
The White Parent’s Guide to Raising Anti-Racist Kids

PSYCHALIVE
Experts at Home-Drs. Nicole Cammack & Danielle Busby on Black Mental Health
CONTACT US:

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National Training Program:
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